

# THE FAIRFIELD TRAILHEAD

## Kingsboro Loop Almost Finished

After a long wait you no longer have to dodge traffic to complete the 2.2-mile Kingsboro Sidewalk Loop. Over the last few days construction workers have been digging out the sidewalk trail bed and laying a foundation of sand and gravel in the two sections of missing sidewalk. On Kingsboro Drive a quarter of a mile section was missing at the Catoosa Boulevard end. On Village Drive a short section, just over 100ft, was missing at the Stonehenge end. The financing for this construction was approved at the last Board of Directors Meeting and the Community Club awarded a contract a few days later. The contractor has done the work



*Final piece of Village Drive Sidewalk nearly complete*

promptly and we expect the final layer of blacktop paving to be added in the next few days.

Once complete pedestrians and joggers can complete the loop while staying safely on the paved trail.



*New Kingsboro Sidewalk Trail-bed Waiting for Final Blacktop Paving*

## Our Trails

### Completed Trails

#### Central Trail

*0.9 miles*

#### Kingsboro Sidewalk Loop

*2.2 miles*

#### Peavine Sidewalk

*0.5 miles*



### Trails Under Construction

#### Northridge Trail

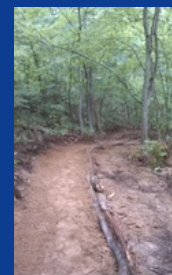
*2.6 miles*

#### Overlook Trail

*2.1 miles*

#### Thornhill Trail

*1.8 miles*



## Trails Under Construction

### Overlook Trail

There has been no construction activity on this hiking trail during the last month. The trail is almost ready to be opened to the public. It just needs the trailhead signs and we are investigating different ways of producing these signs.

### Thornhill Trail

This grassy road trail had more signs added at the road junctions. Wooden 4" by 4" posts were installed and yellow arrows attached to clearly show the trail route.



Once a trailhead sign is installed in the Dorchester parking lot the trail should be ready for public use.

### Northridge Trail

This great woodland, hiking trail has been the focus of recent work sessions. It is the trail that requires the most construction. Work sessions on May 5<sup>th</sup> and June 2<sup>nd</sup> have leveled a lot of the trail-bed and built water diverters to reduce erosion.

There was a great turnout of volunteers for the last work session - over forty workers gave their time to help finish a major section of the trail that had been roughly prepared by a bush-hog and bulldozer. Under the direction of Mark Richie, a certified trail builder the workers cheerfully dug and raked the trail-bed and learned about terms such as "gargoyles".



### **Warning:** Trails Under Construction are Not Open to the Public. Enjoy them but take care

Please take care. These trails that are under construction are not complete. The trail beds may be uneven and difficult to walk on. The "blazing" may be incomplete and trailhead signs may not have been installed. As "Friends of Glade Trails" you are invited to walk the trails and provide feedback on your experience. Did you have difficulty walking on the uneven surface in places? Did you have difficulty finding the start of the trail? Was it easy to find somewhere to park? Did you get lost?

## WORKING SESSIONS

**Next Work Sessions:**  
**Saturday June 16<sup>th</sup> at 8:45am**  
**Saturday, July 7<sup>th</sup> at 8:45am**

- We will meet again at the Peavine 4-way stop sign at 8:45 am and go to the trail from there.
- Workers will get a Fairfield Glade Trails t-shirt if they work from 9am until noon.
- Misty Keyes from Fairfield Homes/Wyndham will provide the hot dogs at noon this week.
- Workers should wear long pants, boots, and bring water to drink and gloves.
- Garden rakes and clippers and loppers are the only tools they need to bring. All other trail tools will be provided.
- We invite men or women to participate. There is work that anyone can do.
- Bring a friend or neighbor.

Anyone with questions about the trail work can contact Don Hazel at 459-2140.

## Concepts for Future Trails

# Fitness trail in the Glade?



Do you want a Fitness Trail in the Glade? Would you use it? Do you know people who would use it? You know what I mean by a fitness trail don't you? It is typically a trail about a mile long with exercise stations every hundred yards or so. Each exercise station has a notice board describing a series of exercises and maybe a simple piece of equipment associated with the exercise. Bounding bars and push-up stands are illustrated here but there is no end of choices available - provided you have deep pockets. You can see more examples of equipment on the website of one supplier I came across **Outdoor-Fitness**.



*Push-up Stand*

A variation on this theme is yoga where you perform different yoga exercises at each station. Tres Baucum from the CMC Wellness Center has agreed to help us develop a fitness trail that is compatible with the needs of the Fairfield Glade residents and timeshare guests - if the



*Bounding Bars*

residents want one. Do we want one? Obviously any decision will be contingent upon cost but first we have to decide if it is something we would like.

If you would like to share your thoughts send me an e-mail or add a comment on the Blog.

## SCOUTING SESSIONS

**Next Session:  
Tuesday July 24<sup>th</sup> at 9am**

There has not been any scouting activity this month. The regular session in May was canceled because of the rain and was not rescheduled due to vacations, etc. The June session has also been cancelled for the same reasons.



Gary Moore marking a possible route for the Heatherhurst Trail with help from his wife Sharon and Linda Barclay

### Monthly Sessions

In order to make it a little easier for you to participate in scouting sessions on the trails we are now scheduling the sessions well in advance. In future the scouting sessions will be on the fourth Tuesday of every month. No tools are needed except perhaps a pair of hand pruners. Expect to encounter ticks and poison ivy, so come prepared.

## Make Friends

In the last newsletter I said "If you have a friend or neighbor who you think may be interested in walking or cycling trail just give them a copy of this Newsletter or give them our e-mail address and suggest they become a Friend of Glade Trails." Well, you really listened ..... and acted. The number of Friends on my e-mail list grew from 75 last month to 123 this month. This was helped by Don Hazel's article in the newspaper about the work session, but word of mouth is the main reason we continue to grow rapidly as more people hear about the good work that you are doing and want to do their part. The more Friends we have the quicker we will get more trails.



*A recent wet hike along the new Northridge Trail by 35 members of the FG Hiking Club.*

### Join and Unsubscribe On-line

There is now a link on the homepage of our website where you can join the Friends of Glade Trails on-line by providing your name and e-mail address. Every e-mail you receive has an "Unsubscribe" link



*Forty-one workers made great progress on the Northridge Trail on Saturday June 2<sup>nd</sup> - they worked for hotdogs!*

*(They thought they were working for a T-shirt as well but production problems have delayed delivery.)*



## Please, Stay Involved

You are receiving this newsletter because you expressed an interest in supporting the effort to build trails in the Glade. We do not expect that support to be physical labor from everyone. We know not everyone can swing a pickaxe; not everyone can fire up a chainsaw. There are many other ways to help: raking the trail is less strenuous than digging; bringing water and snacks to the workers is always appreciated; Scouting routes for new trails may suit you.

If you have any comments or questions about this newsletter please send them to me at [gladetrails@time2meet.com](mailto:gladetrails@time2meet.com)

John Conrad, Friends of Glade Trails